



# Rosemary Works School

## School Menu

**Week One**  
Weeks Commencing:  
22nd April,  
6th & 20th May,  
3rd & 17th June, 1st July

### Monday

Spaghetti with Veggie Bolognese served with Seasonal Vegetables  
or  
Spaghetti with Tomato and Basil

Salad Bar

Pineapple Fingers

Roasted Pepper Humous served with crudites & rice cakes

Fresh Fruit with Greek Yogurt

### Tuesday

Katsu Lentil Curry served with Rice and Seasonal Vegetables

Salad Bar

Apple Crumble served with custard

Cheese Crumpets, salad and crudites

Fresh Fruit with Greek Yogurt

### Wednesday

#### Lunch

Baked Potatoes served with Tuna, Cheese and Baked Beans

Salad Bar

Yogurt and Mango

Tomato & Basil Soup served with Garlic Bread

Fresh Fruit with Greek Yogurt

### Thursday

Double Bean and Roasted Pepper Cous Cous with Feta Cheese  
or  
Quinoa

Salad Bar

Melon

Spring Loaded Pasta Salad

Fresh Fruit with Greek Yogurt

### Friday

Teryaki Salmon served with Egg Noodles and Seasonal Vegetables  
or  
Seasoned Tofu

Salad Bar

Carrot Cake

Veggie Burger

Fresh Fruit with Greek Yogurt



# Rosemary Works School

## School Menu

### Week Two

Weeks Commencing:

15th & 29th April,

13th & 27th May,

10th & 24th June, 8th July

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Mac & Cheese served  
with Broccoli and  
Sweetcorn  
or  
Spaghetti with Tomato  
and Basil

Coconut Sweet Potato  
and Chickpea Curry  
served with Rice and  
Seasonal Vegetables

Quorn Fillet served with  
Roast Potatoes,  
Vegetables and Gravy  
or  
Veggie Burger

Pasta with Tomato and  
Vegetable Sauce  
served with Cheese

Fish Fingers with Potato  
Wedges served with  
Seasonal Vegetables  
or  
Veggie Fingers

Salad Bar

Salad Bar

Salad Bar

Salad Bar

Salad Bar

Peach Slices

Yogurt and Berries

Rice Pudding

Fruit Sponge Cake

Jelly

### Tea

Roasted Vegetables  
and Pesto Cous Cous

Cheese and Tuna  
Bread Rolls

Greek Pasta Salad

Carrot and Coriander  
Soup served with  
Garlic Bread

Margherita Pizza

Fresh Fruit with Greek  
Yogurt

Fresh Fruit with Greek  
Yogurt

Fresh Fruit with Greek  
Yogurt

Fresh Fruit with Greek  
Yogurt

Fresh Fruit with Greek  
Yogurt